

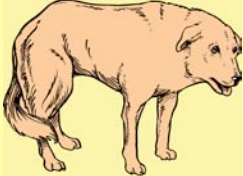






Many signs of chronic pain are non-specific; rule out anxiety, poor general health, and systemic disease as part of a full workup.

Pain Score	Example	Psychological & Behavioral	Postural	Response to Palpation
0		<input type="checkbox"/> Happy, energetic <input type="checkbox"/> Interested in or curious about surroundings <input type="checkbox"/> Responsive; seeks attention	<input type="checkbox"/> Comfortable when resting <input type="checkbox"/> Stands and walks normally <input type="checkbox"/> Normal weight bearing on all limbs	<input type="checkbox"/> Minimal body tension <input type="checkbox"/> Does not mind touch <input type="checkbox"/> No reaction to palpation of joint
1		<input type="checkbox"/> Subdued to slightly unsettled or restless <input type="checkbox"/> Distracted easily by surroundings <input type="checkbox"/> Responsive; may not initiate interaction	<input type="checkbox"/> Stands normally, may occasionally shift weight <input type="checkbox"/> Slight lameness when walking	<input type="checkbox"/> Mild body tension <input type="checkbox"/> Does not mind touch except painful area <input type="checkbox"/> Turns head in recognition of joint palpation
2		<input type="checkbox"/> Anxious, uncomfortable <input type="checkbox"/> Not eager to interact with people or surroundings but will look around to see what is going on <input type="checkbox"/> Loss of brightness in eyes <input type="checkbox"/> Reluctant to respond when beckoned	<input type="checkbox"/> Abnormal weight distribution when standing <input type="checkbox"/> Moderate lameness when walking <input type="checkbox"/> May be uncomfortable at rest	<input type="checkbox"/> Mild to moderate body tension <input type="checkbox"/> Doesn't mind touch far away from painful area <input type="checkbox"/> Pulls limb away during palpation of affected joint Reassess analgesic plan
3		<input type="checkbox"/> Fearful, agitated, or aggressive <input type="checkbox"/> Avoids interaction with people and surroundings <input type="checkbox"/> May lick or otherwise attend to painful area	<input type="checkbox"/> Abnormal posture when standing <input type="checkbox"/> Does not bear weight on affected limb when walking <input type="checkbox"/> Guards painful area by shifting body position	<input type="checkbox"/> Moderate body tension <input type="checkbox"/> Tolerates touch far away from affected limb <input type="checkbox"/> Vocalizes or responds aggressively to palpation of affected joint Reassess analgesic plan
4		<input type="checkbox"/> Stuporous, depressed <input type="checkbox"/> Potentially unresponsive to surroundings <input type="checkbox"/> Difficult to distract from pain	<input type="checkbox"/> Reluctant to rise and will not walk more than 5 strides <input type="checkbox"/> Does not bear weight on limb <input type="checkbox"/> Appears uncomfortable at rest	<input type="checkbox"/> Moderate to severe body tension <input type="checkbox"/> Dislikes or barely tolerates any touch (may be experiencing allodynia, wind-up, or fearful that pain could be made worse) <input type="checkbox"/> Will not allow palpation of joint Reassess analgesic plan

Additional Comments: