

Many signs of chronic pain are non-specific; rule out anxiety, poor general health, and systemic disease as	part of a full workup.
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Pain Score	Example	Psychological & Behavioral	<u>Postural</u>	Response to Palpation		
0 —	C FI	 Happy, energetic Interested in or curious about surroundings Responsive; seeks attention 	 Comfortable when resting Stands and walks normally Normal weight bearing on all limbs 	 Minimal body tension Does not mind touch No reaction to palpation of joint 		
1 + +		 Subdued to slightly unsettled or restless Distracted easily by surroundings Responsive; may not initiate interaction 	 Stands normally, may occasionally shift weight Slight lameness when walking 	 Mild body tension Does not mind touch except painful area Turns head in recognition of joint palpation 		
2 + +		 Anxious, uncomfortable Not eager to interact with people or surroundings but will look around to see what is going on Loss of brightness in eyes Reluctant to respond when beckoned 	 Abnormal weight distribution when standing Moderate lameness when walking May be uncomfortable at rest 	 Mild to moderate body tension Doesn't mind touch far away from painful area Pulls limb away during palpation of affected joint Reassess analgesic plan 		
3 +		 Fearful, agitated, or aggressive Avoids interaction with people and surroundings May lick or otherwise attend to painful area 	 Abnormal posture when standing Does not bear weight on affected limb when walking Guards painful area by shifting body position 	 Moderate body tension Tolerates touch far away from affected limb Vocalizes or responds aggressively to palpation of affected joint Reassess analgesic plan 		
↓ ↓ 4 ─	Color	 Stuporous, depressed Potentially unresponsive to surroundings Difficult to distract from pain 	 Reluctant to rise and will not walk more than 5 strides Does not bear weight on limb Appears uncomfortable at rest 	 Moderate to severe body tension Dislikes or barely tolerates any touch (may be experiencing allodynia, wind-up, or fearful that pain could be made worse) Will not allow palpation of joint Reassess analgesic plan 		
Additional Comments:						

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